

Creating a PAS EAP eM Life Account

Employee Assistance Program



Creating your mypaseap.com member portal account

1. Go to mypaseap.com
2. At the top of the screen find “Don’t have an account” and click “Sign-up”.
3. Enter your organization code: UPRR
4. Enter the information requested (Name, Email, Phone, Password)
5. Click on the “Create Account” button.

Creating an eM Life account through mypaseap.com

1. Log in to the mypaseap.com member portal.
2. From this screen, click on the eM Life icon at the bottom off the page or on the middle tool bar.
3. This will take you to the eM Life informational page.
4. If interested, watch the overview video.
5. Click the blue button labeled “Access eM Life” this will take you to the eM Life account creation page.
6. Enter the information requested (First/Last name, Display Name, email and password.)
7. Click the box at the bottom of the screen confirming the terms have been read.
8. Click the “Create” button at the bottom of the screen.
9. Account has been created.

Creating your eM Life account directly from your device

1. Download the eM Life app from your app store (Look for dark purple with white crescent moon icon).
2. Click “Create Account” at the bottom of the screen.
3. Choose “Employee Account”
4. Provide Organization Name or ID: PASCLIENT. Click Continue.
5. “App code provided by PAS:” enter Union Pacific’s account code UPRR and click continue.
6. Enter the information requested (First/Last name, Display Name, email and password).
7. Click the box at the bottom of the screen confirming the terms have been read.
8. Click the “Create” button at the bottom of the screen.
9. Account has been created.