# Material Handler Clerk

## Neutral Step Up



Employees are required to step up and down to access forklifts. Applicants must demonstrate the ability to do this task in a safe manner. Applicants must step up onto the step with both feet, alternating between leading with their left foot and leading with their right foot.
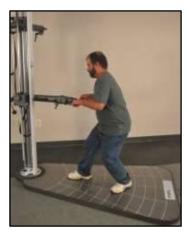
## Cart Push



Employees are required to push carts and other mobile objects. During this test, applicants will push a testing device away from the body to demonstrate the ability to generate the force required to accomplish this task.

## Cart Pull



Employees are required to pull carts and other mobile objects. During this test, applicants will pull a testing device towards the body to demonstrate the ability to generate the force required to accomplish this task.

Dynamic Lift - Floor to 20"



A variety of objects are lifted, manipulated, and placed to perform mechanical tasks. Applicants must demonstrate the ability to lift and set a progressively loaded weight to a height of 30 inches above the ground. During this test, applicants will lift a crate between a shelf and a platform.

FROM MTM Upper Reach

*** Pictures in manual match current pictures on website

Employees are required to reach overhead when performing essential functions of the job. They may be required to work with their hands overhead for extended periods of time, with the ability to change position as needed. Applicants must demonstrate their ability to work in this position safely. During this activity, applicants will be asked to move pegs from one panel to the next panel and back for a set number of repetitions.

FROM MTM Stoop



Employees are required to stoop to perform essential functions of the job. Employees may be required to work in this position for extended periods of time. Applicants must demonstrate the ability to work in this position safely. During this activity, applicants will be asked to move pegs from one panel to the next panel and back for a set number of repetitions.