

Work Equipment Mechanic

Pronated Step Up



Employees are required to step up and down to access train cars. Applicants must demonstrate the ability to step up onto the step with both feet, alternating between leading with their left foot and leading with their right foot.

Grip - Position 3 (Either)



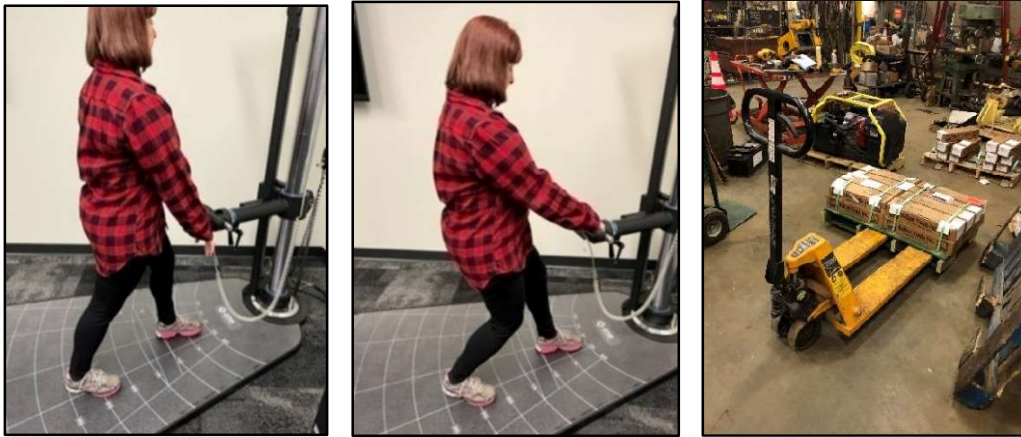
Employees are required to utilize weld ground clamps. Applicants must demonstrate the ability to perform these tasks by squeezing a grip device, commonly known as a grip strength test.

Pallet Jack Push



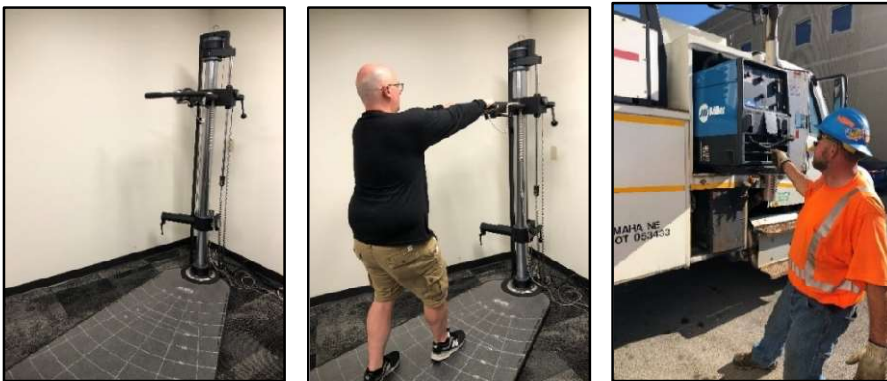
Employees are required to push pallet jacks. During this test, applicants will push a testing device away from the body to demonstrate the ability to generate the force required to accomplish this task.

Pallet Jack Pull



Employees are required to pull pallet jacks. During this test, applicants will pull a testing device towards the body to demonstrate the ability to generate the force required to accomplish this task.

Weld Rig Pull



Employees are required to pull weld rigs. During this test, applicants will pull a testing device towards the body to demonstrate the ability to generate the force required to accomplish this task.

Dynamic Lift - Floor to 26" – Occ



A variety of objects are lifted, manipulated, and placed to perform mechanical tasks. Applicants must demonstrate the ability to lift and set a progressively loaded weight to a height of 36 inches above the ground. During this test, applicants will lift a crate between a shelf and a platform.

Dynamic Lift - 26" to Shoulder – Occ



A variety of objects are lifted, manipulated, and placed to perform mechanical tasks. Applicants must demonstrate the ability to lift and set a progressively loaded weight to shoulder height. During this test, applicants will lift a crate between shelves.

FROM MTM Upper Reach - Occ (90)



Employees are required to reach overhead when performing essential functions of the job. They may be required to work with their hands overhead for extended periods of time, with the ability to change position as needed. Applicants must demonstrate their ability to work in this position safely. During this activity, applicants will be asked to move pegs from one panel to the next panel and back for a set number of repetitions.

FROM MTM Kneel-Stand-Kneel - Occ (90)



Employees are required to alternate between standing and kneeling postures when performing essential functions of the job. Employees often kneel for extended periods of time to accomplish various tasks. Applicants must demonstrate their ability to work in these positions safely. Applicants will move pegs from the bottom row of a panel through each row to the top row and then back to the bottom row for a set number of repetitions.