



## Maternity Leave Checklist & Reminders

| MetLife, Short-Term Disability (STD) (888) 777-6806, Fax (800) 230-9531 |  |
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| When  | <ul style="list-style-type: none"><li>• Management employee with three months or more of service</li><li>• At the time of delivery or up to 30 days in advance (if you delay filing an STD claim pay may be lost)</li></ul>      |
| How   | <ul style="list-style-type: none"><li>• Call or <a href="#">ePayroll</a>, click My Benefits, under Related Links click MetLife</li><li>• Click “File a disability claim” in the MetLife Disability Insurance section</li></ul>   |
| Check   | <ul style="list-style-type: none"><li>• Click “Check the status of claim” on the MetLife website or call</li><li>• The claim must be APPROVED to receive pay for the STD period</li></ul>  |
| Return  | <ul style="list-style-type: none"><li>• MetLife will confirm the end date of the STD claim with you and Union Pacific</li></ul>  |
| Pay   | <ul style="list-style-type: none"><li>• Regular rate pay – RRB sickness benefit = STD Pay (for approved claims)</li><li>• STD pay drops from 100% to 75% after either 9, 13 or 18 weeks based on your years of service</li></ul> |

| Report Your Life Event, ePayroll “My Benefits” |  |
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| When   | <ul style="list-style-type: none"><li>• No later than 30 days from the birth, 45 days to upload documentation</li></ul>  |
| How  | <ul style="list-style-type: none"><li>• <a href="#">ePayroll</a>, MyBenefits<ul style="list-style-type: none"><li>○ Click “report new life event” and create new dependent</li><li>○ Add dependent to the insurance by placing a check mark next to their name</li><li>○ May also enroll in the Dependent Care Flexible Spending Account or change amounts</li><li>○ Click on the MetLife link to change life insurance coverages and/or add baby</li></ul></li><li>• Upload a copy of the birth certificate or the hospital “Congratulations Certificate”</li></ul> |
| Check  | <ul style="list-style-type: none"><li>• Print the confirmation form at the end of the enrollment, check that baby is listed</li></ul>  |

| Railroad Retirement Board (RRB), Sickness Benefits (877) 772-5772 |  |
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| When  | <ul style="list-style-type: none"><li>• Print paperwork in advance but apply at the time of delivery</li><li>• Ineligible? Provide a copy of the denial letter to Human Resources, <a href="#">WRticket</a></li></ul>  |
| How   | <ul style="list-style-type: none"><li>• <a href="http://www.rrb.gov">www.rrb.gov</a>, Benefits, Sickness, Downloadable Forms, form SI-1AB (mail form, provider may fax)</li><li>• STD pay is NOT employer pay or sick pay (section D, question 20. A)</li><li>• Complete form(s) SI-3, confirming dates off work<ul style="list-style-type: none"><li>○ This form will be mailed to you by the RRB</li></ul></li></ul> |
| Check   | <ul style="list-style-type: none"><li>• To confirm your application for benefits is complete, contact the RRB</li></ul>  |
| Return  | <ul style="list-style-type: none"><li>• Confirm return to work date on form SI-3<ul style="list-style-type: none"><li>○ Use the date you begin paid maternity leave NOT your actual return to work date</li></ul></li></ul>  |
| Pay   | <ul style="list-style-type: none"><li>• File right away or risk forfeiting a portion of STD pay</li><li>• Following a seven day waiting period benefits are paid every two weeks</li><li>• Benefits stop when you begin receiving paid maternity leave</li></ul>   |

| Paid Maternity Leave (Up to 8 weeks following STD) |  |
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| When   | <ul style="list-style-type: none"> <li>Can start directly following the end of the STD period up to the end of the sixth month following the birth</li> </ul>  |
| How  | <ul style="list-style-type: none"> <li>Human Resources enter time for your paid maternity leave <ul style="list-style-type: none"> <li>Maternity end can begin after last day of your STD benefit and must be completed by the end of the sixth month following the birth</li> </ul> </li> </ul> |
| Return   | <ul style="list-style-type: none"> <li>Confirm your return to work date with your manager</li> </ul>   |
| Pay  | <ul style="list-style-type: none"> <li>Paid maternity leave is paid at your regular rate of pay</li> <li>When receiving maternity pay you are no longer eligible for RRB sickness benefits</li> <li>Payroll deductions continue during paid maternity leave</li> </ul>                           |

| Family Medical Leave (FMLA), eHealthsafe |  |
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| When                                     | <ul style="list-style-type: none"> <li>Paperwork will be mailed to you at the start of your STD and again at the start of your paid maternity leave</li> </ul>   |
| How                                      | <ul style="list-style-type: none"> <li><b>NO ACTION REQUIRED</b> if your STD claim is approved, FMLA is approved <ul style="list-style-type: none"> <li>FMLA provides job protection during your leave</li> <li>Paperwork is mailed to fulfill a legal requirement</li> </ul> </li> </ul>            |
| Check                                    | <ul style="list-style-type: none"> <li><a href="#">ePayroll</a>, eHealthSafe, My status update, FMLA Details <ul style="list-style-type: none"> <li>FMLA Block - Self case dates align with your STD</li> <li>FMLA Block – Bonding dates align with your paid maternity leave</li> </ul> </li> </ul> |
| Return                                   | <ul style="list-style-type: none"> <li>Confirm your return to work date with your manager</li> </ul>   |

| Other Reminders: |  |
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| Daycare          | <ul style="list-style-type: none"> <li>Contact the <a href="#">Union Pacific Child Development Center</a> prior to birth (402) 544-5439</li> </ul>   |
| Nursing          | <ul style="list-style-type: none"> <li>Contact Meredith Comstock with building services to request badge access (402) 544-8582</li> <li>Contact your <a href="#">insurance provider</a> to find out how to order a pump prior to delivery</li> <li>Utilize Milk Stork for shipping/transporting breast milk</li> </ul>   |
| Support          | <ul style="list-style-type: none"> <li>Moms Who LEAD is here to support you during this exciting time! If you would like to be paired with a peer-mentor or be added to our Moms Who LEAD Teams channel, please email <a href="mailto:momswholead@up.com">momswholead@up.com</a>. Moms who LEAD is a sub-committee of the LEAD employee resource group.</li> </ul> |
| Badge            | <ul style="list-style-type: none"> <li>During paid maternity leave <a href="#">activate your badge</a></li> </ul>  |
| Cards            | <ul style="list-style-type: none"> <li>Contact the card admin team if company cards don't automatically reactivate (402) 544-2273</li> </ul>   |
| Support          | <ul style="list-style-type: none"> <li>Create a <a href="#">WRticket</a> for Human Resources</li> </ul>  |